# PHONE-FREE SURVIVAL GUIDE

**BLACKTOWN GIRLS HIGH** 



How to survive without your phone during the school day.

## **BRING A BYO DEVICE**

Bring a BYO device and use this to access your timetable.



# GET A DEBIT CARD OR CASH

Use a debit card for canteen purchases (alternatively you can use cash).

# REPLACE EAR PODS / HEADPHONES

Replace wireless ear pods or headphones with wired headphones for use in class (keep these in your laptop bag).





### **WEAR A WATCH**

Wear a watch to keep an eye on the time.



# REMIND YOUR PARENTS

Remind your parents and employer that students cannot be contacted during school time except by email. Urgent contact can be made through the school office (Ph: 02 9831 7577).

