

WELCOME TO YEAR 10

Ms Sagote & Ms Biasetto
Year Advisers



Year 10 Students Commence Wednesday 1 February 2023

To our wonderful year 10's,

We would like to welcome you back to another school year. WOW! Where has the time gone? The year 2022 did not go to plan, with you losing both your Year Advisers in the span of a few weeks. You luckily got the wonderful Mr Trieu to fill in but now we're BACK and ready to guide you through your final year of junior school.

As we move into the last year of junior school, it is important that you take on opportunities presented to you. You have your new electives to enrich your skills in areas that you enjoy. The 'Go For It program' will help you with mentoring and support to guide you when choosing your subjects for Year 11. Lastly, CONNECT will help you build your self-confidence through fun games and activities and other extracurricular activities that will continue to build your resilience.

We encourage you all to start the year with a growth mindset and understand the importance of turning adversity into possibilities. If you push through, even the impossible can become possible. You need to show **maturity** and become **independent** young ladies who can strive for success and achievement. You need to show **responsibility** by coming to school on time and prepared to learn, handing in all assessments, and helping others, both in the classroom and on the playground. You need to apply **hard work** and **determination** to achieve the goals that you set for yourselves and lastly, you need to show **respect**, both for yourself and others by using appropriate language when talking to teachers, peers, and others. If we can encourage you to strive towards these benchmarks, then you will have a successful year. You will become stronger and persevere through all circumstances.

Your wellbeing is our highest priority as year advisers. We understand that well-being is more than the absence of physical or psychological illness but is more to do with your quality of life. At Blacktown Girls High School, we enhance your wellbeing by ensuring that you all have choice, achieve meaningful goals, have positive relationships, enjoyment, personal growth and development, health, and safety. You began high school by being impacted by COVID, forced to do online learning which was new to everyone, but you showed your strength and perseverance and adapted to new circumstances. We just want to encourage you to say a huge thank you to your parents as they survived home learning. You need to tell them what a great job they did to keep you on track to achieve some great results. They became teachers overnight and this may have been tough for some, but they made it and they deserve to be thanked.

So, as you embark on your last year of junior school, please remember:

- You are good enough
- You are special
- You are YOU and be the best version of yourself!
- Start a routine of study; this will help you next year.
- Have an "I can do" attitude
- Most of all, have fun & enjoy year 10!

If you have any questions, you would like answered please feel free to call the school on 02 9831 7577.

Mrs Trimmis

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PRINCIPAL



BLACKTOWN GIRLS
HIGH SCHOOL
A Partially Selective Girls High School

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